



# NOVEMBER | 2018

## North Central Eagles

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Studies show eating breakfast help students pay attention, better perform problem solving tasks and improves memory.		<sup>1</sup> Pepperoni Pizza Coleslaw Seasoned Carrots Fruit Milk	<sup>2</sup> Chicken Parmesan Marinara Tossed Salad Seasoned Pasta Fruit Milk
<sup>5</sup> Hot Dog on Bun Tater Tots Seasoned Green Beans Fruit Milk	<sup>6</sup> Soft Taco Lettuce & Tomato Chips & Salsa Pintos & Cheese Fruit Milk	<sup>7</sup> Mac & Cheese Seasoned Peas Punkin Cookie Fruit Milk	<sup>8</sup> Stuffed Crust Cheese Pizza Seasoned Corn Goldfish Fruit Milk	<sup>9</sup> Chicken Nuggets French Fries Romaine Salad Dinner Roll Fruit Milk
<sup>12</sup> Chicken Strips Seasoned Pasta French Fries Fruit Milk	<sup>13</sup> Spaghetti w/ Meatballs Romaine Salad Garlic Toast Fruit Milk	<sup>14</sup> French Toast Sticks Sausage Hashbrown 100% Juice Fruit Milk	<sup>15</sup> Pizza Cheesebread Seasoned Corn Marinara Cookie Fruit Milk	<sup>16</sup> Hamburger On Bun Lettuce & Tomato Calico Beans Tater Tots Fruit Milk
<sup>19</sup> Turkey Gravy over Mashed Potatoes Dinner Roll Green Beans Pumpkin Pie Milk	<sup>20</sup> Chicken Fries Roasted Potatoes Graham Crackers Fruit Milk	<sup>21</sup> No School	<sup>22</sup> No School Happy Thanksgiving!	<sup>23</sup> No School
<sup>26</sup> No School	<sup>27</sup> Boneless Wings French Fries Cookie Fruit Milk	<sup>28</sup> Scalloped Potatoes & Ham Seasoned Peas Garlic Toast Fruit Milk	<sup>29</sup> Fiestada Pizza Crispy Carrots Goldfish Fruit Milk	<sup>30</sup> Chicken Parmesan Marinara Seasoned Green Beans Seasoned Pasta Fruit Milk

**News**

**Breakfast Menu**

**Mon- Donut & Yogurt**  
**Tues- Sausage Biscuit**  
**Wed- Omelet & Hashbrown**  
**Thurs- Waffles & Sausage**  
**Fri- Biscuit & Gravy**

**All are served with Fruit choice, 100% juice and milk**  
**Cereal may be substituted for the entrée**

Breakfast Prices  
 K-8 \$1.25  
 9-12 \$1.50  
 Reduced 30¢

Lunch Prices  
 K-6 \$2.70  
 7-12 \$2.85  
 Eagle Tray \$3.85  
 Reduced 40¢

Salad Prices  
 4-6 \$3.00 7-12 \$3.25  
 Students are reminded daily when they need lunch money.

**Thanks for letting your student join us, Rob Taylor, CDM/CFPP, Café Director**

We can be contacted at 419-737-2366 ext. 5216 or [rtaylor@northcentralschool.org](mailto:rtaylor@northcentralschool.org)  
*Menu Subject to Change*  
 This institution is an equal opportunity provider