



# JANUARY | 2019

## North Central Eagles

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>30</b> <u>Breakfast Prices</u> K-8 \$1.25 9-12 \$1.50 Reduced 30¢ Adult \$2.00	<b>31</b> <b>No School</b>	<b>1</b> <b>No School</b> <b>Happy New Year!</b>	<b>2</b> <b>No School</b>	<b>3</b> Pepperoni Pizza Seasoned Corn Graham Crackers Fruit Milk	<b>4</b> Corn Dog Tater Tots Fruit Milk	<b>5</b> <u>Lunch Prices</u> K-6 \$2.70 7-12 \$2.85 Eagle \$3.85 Adult \$3.25 Reduced 40¢
<b>6</b> <u>Breakfast Menu</u> M – Breakfast Pizza TU – French Toast & Hashbrown W – Cinni Rolls TH – Omelet & Grahams F – Biscuit & Gravy	<b>7</b> Chicken Ranch Sub Baby Carrots Chips Fruit Milk	<b>8</b> Soft Taco Lett, Cheese, Salsa Pintos & Cheese Seasoned Corn Fruit Milk	<b>9</b> Hamburger On Bun Tater Tots Punkin Cookie Fruit Milk	<b>10</b> Italian Dippers Marinara Green Beans Fruit Milk	<b>11</b> Breaded Chicken Patty on Bun Lettuce & Tomato French Fries Fruit Milk	<b>12</b> <u>Lunch Salads</u> 4 <sup>th</sup> -6 <sup>th</sup> \$3.00 7 <sup>th</sup> -12 <sup>th</sup> \$3.25 Adults \$3.25 Milk 40¢
<b>13</b>	<b>14</b> Chicken Strips Roasted Potatoes Glazed Carrots Dinner Roll Fruit Milk	<b>15</b> Homemade Mac & Cheese Seasoned Peas 100% Juice Applesauce Cake Milk	<b>16</b> Hot Dog On Bun French Fries Baked Beans Fruit Milk	<b>17</b> Stuffed Crust Cheese Pizza Seasoned Green Beans Goldfish Fruit Milk	<b>18</b> Homemade Chicken Alfredo w/ Rotini Steamed Broccoli Garlic Toast Fruit Milk	<b>19</b> Students are reminded daily when they need lunch money.
<b>20</b> Did you know? According to the CDC 1 in 6 children ages 8-17 have raised blood pressure.  Meals with lower sodium can help lower blood pressure	<b>21</b> <b>No School</b> <b>MLK Day</b>	<b>22</b> <b>No School</b>	<b>23</b> Glazed Meatballs Au Gratin Potatoes Dinner Roll Fruit Milk	<b>24</b> Pizza Breadsticks Marinara Green Beans Fruit Milk	<b>25</b> Taco Wedges Tossed Salad Chips & Salsa Fruit Milk	<b>26</b> <u>Thanks for letting your            student join us.</u>  <b>Rob Taylor,</b> <b>CDM/CFPP, Caf�</b> <b>Director</b>
<b>27</b>	<b>28</b> Spaghetti w/ Meat Balls Romaine Salad Garlic Toast Fruit & Milk	<b>29</b> Pancakes Sausage Hashbrown 100% Juice Fruit Milk	<b>30</b> Chicken Parmesan Seasoned Pasta Snap Peas Fruit Milk	<b>31</b> Fiestada Pizza Seasoned Corn Cookie Fruit Milk	<b>1</b> Did you know free/reduced meal applications are accepted all year long?	<b>2</b> We can be contacted at 419-737-2366 ext. 5216 or <a href="mailto:rtaylor@northcentralschool.org">rtaylor@northcentralschool.org</a> <b>hool.org</b> <i>Menu Subject to Change</i> This institution is an equal opportunity provider